



Free phone advice line: 0151 293 3662

Office line: 0151 252 5225

Working with Liverpool CAMHS helps you understand what's going on in your head



Young Person's Advisory Service

0151 707 1025

support@ypas.org.uk

YPAS offers a range of support and therapeutic services for children aged 5 -15 years, young people aged 16-25 years and their families in Liverpool.

childline

ONLINE. ON THE PHONE. ANYTIME.

Free phone: Call 0800 1111

You can contact Childline about anything.

Whatever your worry, its better out than in.

We're here to support you and help you find ways to cope.

KOOTH.com

FREE ONLINE SUPPORT FOR YOUNG PEOPLE 

<https://www.kooth.com/index.php>

Get help, advice and support with anything that's causing you stress or embarrassment.

We are funded to work in some boroughs....check us out online to see if we [support](#) your area

THE MIX

Free phone **0808 808 4994**

Essential support for under 25s