

The ADHD Foundation is the largest provider of training in ADHD and neurodevelopmental conditions for professionals in the UK. All of our courses are interactive, full of practical strategies and informed by up to date research.

We are able to offer a wide range of expert led courses across a wide range of subject areas. These courses can be tailored to you needs, which offers the opportunity to focus on a specific area/ need or selection a combination of topics.

Courses can be delivered on the following subject areas

Understanding and Supporting learners with the following:

- ADHD
- ASC, including Asperger's/ PDA
- Dysgraphia
- Dyscalculia
- Dyspraxia
- Tourette's syndrome
- OCD
- Attachment Disorder
- Sensory Processing Disorder
- Youth Mental Health First Aid
- Anxiety
- Neurodevelopmental Conditions in Early Years

Supporting Mental Health:

- Mindfulness and stress reduction for both adults and children / young people
- Staff wellbeing
- Adult Mental Health First Aid
- Youth mental; health First Aid
- Therapeutic Interventions for Counsellors

Supporting Teaching and Learning:

- Active / collaborative learning structures
- Using Coaching in teacher development

Supporting parents & carers:

- Parent/ Carer Skill building courses in ADHD, ASC, Parenting.

All courses can be delivered as full or half day courses or twilight sessions in the North West only.

Full day £700
Half day £350

For further details or to book a course contact Colin Foley at colin.foley@adhdfoundation.org.uk or 0151 237 2661.

www.adhdfoundation.org.uk

"Many of our pupils with ADHD have used the strategies we have learnt and are often seen implementing these which has led to improved concentration in lessons."

Headteacher

"We had a 'breakthrough' moment with one of our most challenging children yesterday due to a teacher following some of the strategies from the course, thank you again."

SENDCO

"We have already talked about the things that we will do differently and I know there are already conversations in the boarding school houses about changes that can be made."

Deputy Headteacher

"Very professional. I can tell my family that there is light at the end of the tunnel now."

Parent

"Certainly one of the most useful sessions that I have attended, during my 22 years as a teacher, in terms of informing my practice."

Teacher

"A parent phoned me last week to express her thanks. She feels that the staff have a new understanding of her son's needs after your training."

Teacher

"I have come away from this course with a much better understanding of my child and his behaviour and how he sees the world."

Parent

"We have had a break-through already today using movement strategies to help one year 4 boy get successfully back to his learning. Thanks for the course yesterday."

SENDCO