

# Celebrate Neurodiversity by involving your school The ADHD Foundation Umbrella Project 2019



## **Celebrating Neurodiversity**





### **Introducing the ADHD Foundation Umbrella Project**

The Neurodiversity Paradigm is part of a movement that is growing across the world to increase understanding of those neurodiverse individuals who live with ADHD, Autism, Dyslexia, Dyscalculia, Dysgraphia and Dyspraxia.

The neurodiversity movement aims to change public perceptions of intelligence, ability and employability. Challenging a 'deficit model' and shining a light on those neurodiverse individuals who do not fit disabling stereotypes of those who are cognitively different. Young people with learning difficulties often underachieve in the national curriculum and in standardised tests because standardized tests often do not reflect the intelligence and ability of those who do not have standardised minds. We need a new mind set for the 21<sup>st</sup> century, a paradigm shift that 'enables', rather than 'disables'

Misunderstanding and cultural prejudices blind us to the unique and dynamic contribution neurodiverse people play in our lives, our friendships and in our places of work. Successful neurodiverse individuals have been hiding in plain sight. The 1 in 67 of us on the autistic spectrum excel in science, engineering, mathematics, and across industry; they are your academics, chemists, physicists, accountants, mathematicians, computer programmers and surgeons. The 1 in 20 of us who have ADHD are prevalent in the 'workaholic' entrepreneurs, creative industry designers, marketers, artists, musicians, MP's, inventors, actors, journalists, professional sports men and women. We believe these role models should be more visible and call on all those neurodiverse people in public life to speak out, raise awareness, understanding and demonstrate to children and adults that living a successful life requires a curriculum for the 21<sup>st</sup> century that 'enables' the giftedness and talent of every neurodiverse individual. The Neurodiversity canon is here! Let's celebrate it and empower and enable others!

### Neurodiversity

The 21st Century needs neurodiversity in our communities, our classrooms, our economy. 12% of the population are neurodiverse. 1 in 67 are on the autism spectrum. 1 in 20 have ADHD. 1 in 10 have dyspraxia or dyslexia.

Neurodiverse individuals are hiding in plain sight. We are invisible because we don't fit the stigmatising and disabling stereotype.

We are the scientists, entrepreneurs, computer programmers, physicists, MP's, engineers, accountants, lecturers, creatives, innovators, inventors.

National Neurodiversity Week 13<sup>th</sup> - 17<sup>th</sup> May 2019



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We want to bring about a change in how we perceive, understand, educate and relate to individuals who are neurodiverse – 12% of the population; three in every classroom. The UK launches its first **National Schools Neurodiversity Week 13<sup>th</sup>-17<sup>th</sup> May 2019**, supported by the Department for Education, CEO's of national charities and leaders in industry. In June we will celebrate our third annual Umbrella Project with four public art installations that will see hundreds of brightly coloured umbrellas suspended above the streets or public spaces, all signed and decorated by neurodiverse children stating their gifts, talents and special abilities.

### What can schools do?

We ask every school in the city to deliver assemblies, involving neurodiverse children and young people and neurodiverse teaching staff. We want all teachers to showcase successful neurodiverse models – from Albert Einstein to Richard Branson. We want schools to highlight successful neurodiverse individuals in different curriculum subjects. You can download presentations and film clips from <u>www.adhdfoundation.org.uk</u> and take the pledge by registering on <u>www.neurodiversity-celebration-week.com</u> or create your own and share them with us <u>info@adhdfoundation.org.uk</u>



### The Umbrella Project

Another way schools can participate in the celebration of Neurodiversity is to support our umbrella. For the first time we are inviting individual schools to participate by installing a small number of umbrellas suspended from the ceiling as part of a whole school approach to celebrating neurodiversity across the curriculum.

Schools can hold special events on the theme of neurodiversity and even special recognition of the achievements, progress, volunteering, citizenship, talents of Individual neurodiverse students. We can provide film clips and presentations about famous neurodiverse individuals and specially designed lessons and projects to educate all children about neurodiversity and we invite all schools to share any ideas, suggestions and lessons plans with us. Our aim is not only to celebrate neurodiversity but promote neurodiversity as a unique intelligence much needed and sought after in our economy and in our communities! What's more we want to do this city wide, region wide and lead the way for other cities to follow.

Schools wanting to have an umbrella project in their own school can purchase 25+ specially designed colourful umbrellas adapted to be suspended from ceilings together with an education pack with resources and posters for schools, together with a trophy and certificate. (£325) For information about participating, please contact:

paula.stock@adhdfoundation.org.uk info@adhdfoundation.org.uk https://www.youtube.com/watch?v=bOkzio4hY9c

We are seeking 6 corporate sponsors to contribute £5,000 needed to install umbrellas in Church Alley Liverpool City Centre. Branding, advertising and CSR opportunities are also available.



















### **About The ADHD Foundation**

The ADHD Foundation is the largest 'user led' ADHD agency in Europe and credited with influencing policy and provision in the UK for those living with ADHD and co existing neurodiversity.

The ADHD Foundation is also the largest provider of training for professionals and schools in the UK on the subject of ADHD, co existing neurodiversity, such as autism, and related mental health needs, training over 5000 professionals per year. The ADHD Foundation also acts as an advisor to several NHS trusts across the UK, Local Authorities, University researchers and a range of professional agencies on best practice and inclusion for children and adults living with ADHD.

The ADHD Foundation also stages the largest annual multidisciplinary conference on ADHD each year attended by over 800 delegates from the UK and Europe. You can see a very brief clip of this event here: <u>https://www.youtube.com/watch?v=rBEK\_k86VKs</u>

Each year we offer an opportunity for a young person to speak about what life is like for them. The following video clip is Marcus, aged 10 years who talks about how he manages his ADHD and Autism- his speech is ten minutes of pure inspiration – both funny and moving: <u>https://www.youtube.com/watch?v=alXL1\_zqxSM</u>



Dyslexia | ADHD | Dyspraxia | Autism

### www.Neurodiversity-Celebration-Week.com

Although neurodiverse students have many strengths and talents, their school day can be a negative experience. Most neurodiverse students work very hard to try to overcome the challenges and obstacles caused by their learning differences. There is also a stigma and many negative stereotypes and misconceptions about students who have special educational needs. As a consequence, school can be a demoralising and frustrating experience that negatively effects their confidence and self-esteem.

We want to change this by encouraging schools to take part in **Neurodiversity Celebration Week**, a week during which the many advantages of being neurodiverse are recognised and celebrated.

Please join us in creating a more inclusive, supportive and understanding environment for SEN students by signing up to participate in Neurodiversity Celebration Week, which will take place on 13 May to 17 May 2019.

In order to register, please go to: www.neurodiversity-celebration-week.com.

Below are some examples of how to take part in Neurodiversity Celebration Week.

- · Have a neurodiversity-themed school assembly.
- · Invite neurodiverse parents and individuals in your community to speak.
- · Put up posters of famous neurodiverse individuals.
- · Put up ADHD, autism, dyslexia and dyspraxia fact sheets.



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ALTERNATIVE WAYS OF THINKING • ADAPTIVE • ADVENTUROUS • AMBITIOUS • ARTISTIC • ALWAYS KIND CREATES CONNECTIONS • CELEBRATES DIFFERENCES • COURAGEOUS • CREATIVE DEDICATED • DIFFERENT, NOT LESS • ENTREPRENEURIAL • GIFTED GREAT SENSE OF HUMOUR • HARD WORKER • HELPFUL IMAGINATIVE • INTELLIGENT • INTUITIVE LOTS OF INTERESTS • MOTIVATING SELF AND OTHERS • MUSICAL OPTIMISTIC • OUTGOING • PASSIONATE • PERSISTENT • PHILOSOPHICAL • PRODUCTIVE PROBLEM SOLVER • QUIRKY • RELATES TO PEOPLE • RESILIENT RESOURCEFUL • SEES THE BIG PICTURE • SPONTANEOUS • SPECIAL GIFTS STRAIGHTFORWARD • SUCCESSFUL • TAKES INITIATIVE TENACIOUS • THEORETICAL • THINKS OUTSIDE THE BOX • THINKS BIG, DREAMS BIG THOROUGH • TOLERANT • UNCONVENTIONAL • UNIQUE • VERSATILE • VISIONARY VISUAL LEARNER • WILLING TO EXPLORE • WITTY WILLINGNESS TO TAKE RISKS • WORKS WELL UNDER PRESSURE