

All Party Parliamentary Group for ADHD



Chair –

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Secretary -

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Members

Purpose of the All Party Parliamentary Group on Attention Deficit Hyperactivity Disorder (ADHD), as defined in 2018, are:

- to raise awareness of ADHD, and it's impact on those with the condition,
- to help bring positive changes to the lives of people living with ADHD,
- to share ideas and act as a link between Parliament, organisation, and charities involved in this issue.

The first meeting of the APPG – ADHD will be *November 18th, 4:30-6:30pm*. At this meeting we will agree upon the objectives and strategy needed, in order to achieve change in public policy. This includes:

- agreeing list of stakeholders needing to engage with the APPG and with whom to disseminate information to,
- agreeing list of professional guest speakers to address the APPG on matters pertinent to their areas of expertise.



Priorities

Attention Deficit Hyperactivity Disorder (ADHD) is a neurodevelopmental condition, meaning there is a difference in brain development that affects behaviours.

Symptoms of ADHD are focused around **inattention**, **impulsivity**, and **hyperactivity**; amongst other challenges.

ADHD is often diagnosed when these symptoms make a person's life considerably more difficult on a social, academic, or occupational level. These symptoms can present differently for people.

It is believed that **1 in 20 people** have ADHD, with studies showing a **gender ratio of 3:1 diagnosed**, and the implications for women's health, and therefore a perception of it being more common in males than females.

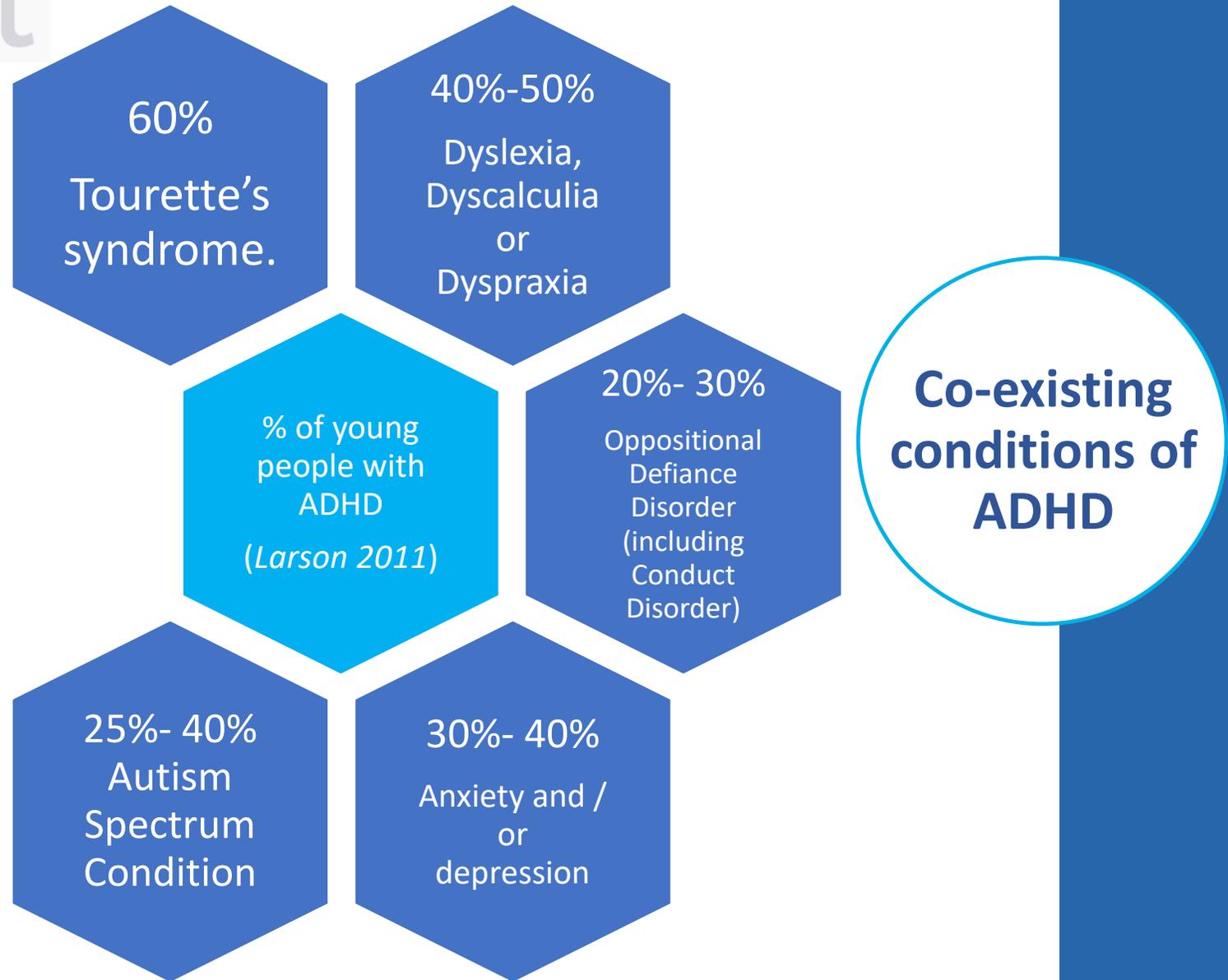
Whilst most cases are diagnosed when children are between the ages of 6 and 12, increasing numbers of adults are now being tested and diagnosed for ADHD.

Estimates suggest that **15% of people** diagnosed with ADHD as children still have a **full range of symptoms as adults**, with 65% of these still having some symptoms that affect their daily lives. Such symptoms can be disorganisation, difficulty handling workloads, acting on impulsive behaviours, and higher levels anxiety.

From a survey of **800 teachers** (COMRES, 2017) **55%** have **reported concerns** about possible **undiagnosed ADHD** in their learners. **74%** of these teachers **did not know** that **learners with ADHD** have **difficulties** with **organization** and **planning**.

Background





November 18th 2020 4:30-6:30pm

Theme: NHS Capacity for provision of health services for ADHD & a National Strategy to reduce health inequalities for the 1 in 20 British citizens who have ADHD.

February 2021

Theme: ADHD and Education

March 2021

Theme: ADHD in Industry and Access to work

May 2021

Theme: ADHD and the Justice system



Key dates

All Party Parliamentary Group for ADHD

November 18th, 4:30-6:30pm.

Theme: *NHS capacity for provision of health services for ADHD & a National Strategy to reduce health inequalities for the 1 in 20 British Citizens who have ADHD.*

Agenda:

- review the aims and objectives of the APPG for ADHD
- agree upon the key areas of responsibility for the group
- assignment of tasks and reporting of APPG activity

Guest key speakers:



- *Dr. Samuel Cortese of the Royal College of Psychiatry will be discussing the impact of Covid-19 on the NHS services for young people, along with recommendations.*



- *Dr. Susan Young, Lead Researcher on the UK expert national consensus statement on ADHD (Nov. 2020) with recommendations.*

Relaunch

Strategy for 2020 and beyond

As a proud supporter of the APPG for ADHD, the ADHD Foundation is a Neurodiversity Charity that is an integrated health and education service that offers a unique lifespan as a strength-based service for the 1 in 5 people living with a neuro-diverse need (ADHD, Autism, Dyslexia, Dyspraxia, Dyscalculia, and Tourettes syndrome).

As part of our work, we are in partnerships with agencies across all public services as well as business and third sector volunteering groups. Our aim is to support the creation of a paradigm shift in health, education, and employment.

Working in support of the APPG and Government, our partner agencies and service users; we aim to influence policy and provision for the benefit of all. By doing this we hope to reduce dependency, whilst increasing empowerment to enable the neurodiverse population to achieve their full potential and improve life opportunities.

In collaboration with the APPG for ADHD we envisage helping to support by:

- Producing and disseminating of APPG activity,
- Bringing about protocols to ensure the objectives of the APPG are actioned through the democratic process of Government,
- Agreeing timeframes and milestones in the implementation of the work of the APPG's key actions.

