

Times of transition from Primary school to Secondary school- Summer holidays

Transition plans often happen too late and don't always consider the small things that can cause real difficulties for someone who is neurodiverse.

Change is often problematic, but the change from primary school to secondary school can be huge! Holidays can be a time of rest but also can prepare the student for the next term.

Some of the changes

- ❖ New and more teachers
- ❖ New and more students
- ❖ Larger environment
- ❖ Noisy canteen
- ❖ More choice at lunchtime
- ❖ Less structure at break and lunch times
- ❖ A uniform with more and different fastenings
- ❖ Speed of recording information and more complex content
- ❖ Higher levels of language used and expected in written work
- ❖ May need to travel independently to school
- ❖ Different toilets
- ❖ Moving around the school
- ❖ More subjects to understand
- ❖ More choices
- ❖ More team games/less ball skills
- ❖ Increased risk of bullying



During the summer holiday

- ✓ Encourage parents to practice packing bags with their child
- ✓ Try on school uniform and practice changing and doing fastenings e.g. rugby/hockey boots before the start of term
- ✓ Discuss changes so the student is aware
- ✓ Practice the route to school if this will be done independently
- ✓ Consider practising strategies that may help while there is some time to do so e.g. teaching touch typing
- ✓ Discuss disclosure- how the student tells other students they find some things harder to do
- ✓ Encourage friends that are going to the new school - one to one to help build relationships
- ✓ Encourage parents to have contact with other parents from the school so they know who they can speak to
- ✓ If there is a PTA or local parent support group provide this information