



ADHD SCREENING SERVICE

6-17 year olds





About us

The ADHD Foundation Neurodiversity Charity is the national ADHD charity for the UK, and the largest user-led ADHD charity in Europe. Working in partnership with individuals, families, doctors, teachers, government and other agencies, the ADHD Foundation actively promotes a strength-based approach to living successfully with ADHD.

Our team of skilled, experienced and dedicated staff, sessional workers and volunteers, understand first-hand the issues around ADHD, sharing their experience and providing skill support and encouragement.

Many people believe that it can be difficult to obtain ADHD assessments. Here at the ADHD Foundation, we strive to deliver an accessible, efficient and high-quality service, whether you live in Liverpool or further afield.

At the ADHD Foundation, we are able to offer a full ADHD screening for people aged 6 to 15. Our trained staff utilise assessment scales, interviews and the use of the QbTest to provide clinicians with accurate and detailed information to aid in a diagnosis.



**ms
rachel
keeton**

**Clinic Manager, MSc, BSc (Hons)
Health Psychologist in Training**

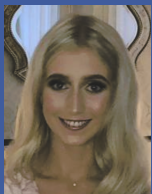
Rachel has a background in Health Psychology and is currently undertaking the Health Psychology Professional doctorate at LJMU.



**ms
amy
lock**

Assistant Psychologist, MSc, BSc (Hons)

Amy has a background in Psychology and completed her Health Psychology Masters degree at LJMU.



**ms
megan
brown**

Assistant Psychologist, MSc, BSc (Hons)

Megan completed her Clinical Health Psychology Masters at Liverpool University and has experience working as a Therapeutic support worker.



**dr
tony
lloyd**

CEO of the ADHD Foundation

Dr Lloyd is a Child and Adolescent Psychotherapist with extensive knowledge of working with children in a Child and Adolescent Mental Health Services and Education setting.



What services do we provide?

Full ADHD Assessment/Screen:

At the ADHD Foundation Neurodiversity Charity, we offer a full ADHD screen for 6 to 17 year olds. This is **not** a diagnosis – it is a comprehensive screen used to support a diagnosis comprising of the QbTest, ADHD rating scales, Clinical interview, and full history. This can be very helpful in determining if ADHD is present. The pre-screen is not a diagnosis it is a comprehensive screen designed to aid in the diagnosis process. It creates a body of evidence that the diagnosing clinician can then use.

You can then direct what we do with this information. For instance, if the test is supportive and your child has a consultant, we can send the results to the consultant requesting that they continue on the ADHD pathway. If they are not on any ADHD pathway we can write to their G.P requesting that based on the evidence from the assessment, that they should be referred onto the NHS child ADHD pathway.

Finally, we can discuss Private Psychiatrists. Most Private Psychiatrists require a G.P. referral and prices vary. Please be advised that this process can be costly if you wish to access medication.

We also offer a QbTest only option – read on for more information.

Can my child be referred to the NHS after a private diagnosis?

In some cases, yes. However, a shared care agreement must be made with your GP. If requested, we will help in this matter and write to your GP requesting the transition but it is not always possible and can take time. The best thing to do is have a discussion with your GP first about your private assessments.

What is the QbTest?



The QbTest is an objective testing system that simultaneously measures attention, impulsivity and motor activity, key indicators in helping formulate a diagnosis of ADHD. The results obtained by the test may be used to help form a better understanding of any cognitive and behavioural difficulties. The QbTest helps cut through ambiguous information and strip away human error.

The QbTest is **not** a diagnosis, it is a sophisticated screening tool which is used to support a diagnosis. Only a doctor can diagnose. The QbTest is recognised by health professionals and is used to give the consultants greater confidence when diagnosing as it is very accurate.

There are two types of tests available:

15 minute test

This is designed for 6-12 year olds. During the test 2 symbols are shown on the screen 1 at a time. They will be presented either with a circle, or a circle with a cross in its centre. The task is to only click when the circle appears and not when the circle with a cross appears. They will be required to click 50% of the time. The task is designed to be randomised and quick.

20 minute test

This is designed for 12-60 year olds. During the task, they will be presented with 4 symbols 1 at a time. These are; a red square, a red circle, a blue square, and a blue circle. The task is to only click when the same shape and colour are repeated. They will be required to click 25% of the time. The task is designed to be randomised and quick.

FAQs



Does the camera film the child?

No, the camera can only see the movement of the infrared marker. It captures how much the marker moves during the test.

How long does it take?

Depending on age it can take 15 or 20 minutes.

What does my child have to do?

During the test symbols are shown on the screen. Their task is to click when certain symbols appear.

Do language skills or dyslexia affect the test?

No, neither of these will impact on the test.

Can computer gaming affect results?

No, there is no link between video game experiences and test results.

Will they be able to practise?

Yes. Before the test the clinical advisor will show your child an instructional video. They will then have an opportunity to complete 1 minute practice tests and ask any questions. The clinical advisor will only start the test once they are confident that your child understands the instructions and is able to complete the task.

What if they cannot do the test?

In rare cases, some people cannot do the test or the test is not possible. If this happens, do not worry! This can be incredibly useful to help us understand what is impacting a person's cognitive abilities. In most cases, if a test is not possible, this is indicative of other conditions such as Autism, Anxiety, or Irlen Syndrome.



Important information

Where is the QbTest appointment?

ADHD Foundation
2nd Floor
54 St James Street
Liverpool
Merseyside
L1 0AB.

How long does the whole assessment take?

2 hours in total.

How do I refer?

Simply complete and return our ADHD referral form. We accept self-referrals and referrals from practitioners. When completing the referral form, please ensure that all the information is correct. Failure to disclose information, such as medication or other conditions diagnosed may result in invalid/unusable test results. In some cases we may not be able to release the QbTest results.



How much does it cost?

Full ADHD Assessment And Diagnosis (aged 6 to 15)

Pre Screen Price: £250



This must be paid before any appointments can be booked.



If this is something you are interested in pursuing, please complete the referral form.

What is included?

ADHD Rating Scales:

For people aged 6 to 17, prior to the appointment ADHD rating scales will be sent to school, and parents/carers. This includes the SNAP, Vanderbilt, and an open ended questionnaire. Some people wish to omit sending rating scales to the school due to poor relations with school. If that is the case, let us know and we will not contact them.

The QbTest:

The QbTest will be conducted in the ADHD Foundation headquarters in Liverpool.

The Interview:

We use Dr Susan Young's ACE interview to help provide more context around how ADHD is impacting a person's life. We also use the current view to explore other conditions, such as sensory impairments. This will be completed over a 30 minute Phone, Skype or Zoom consultation prior to the QbTest appointment.

Results:

You will receive your child's results 2 weeks after the appointment and the results will be sent to any other agency or health provider of your choice. We can schedule an additional 30 minute results discussion by phone, Zoom, or Skype if requested.



Steps to assessment

Step 1: Referral form

We cannot move forward with the booking until you have completed and returned the referral form. Please be advised that if you choose to email the referral form back that these are not secure/encrypted emails.

Email the completed forms to
nd.clinic.admin@adhd.foundation.org.uk

Step 2: Triage

Once the referral form has been returned our trained staff will triage the referral form to ensure that we can accept your child as a client. We will contact you as soon as a decision is made. This can take up to 7-10 business days depending on the information provided.

Step 3: Payment

Once the referral form has been accepted we will contact you to take the payment. Please note that appointments cannot be booked until the payment is made. The £250 is non-refundable.

Step 4: Appointment Booking

Once payment is received we can book your child's appointments as soon as possible. We will send you and your child rating scales too. We will schedule your 30 minute phone, Skype, or Zoom consultation.

Step 5: Face-to-face appointment

Upon arriving for the QbTest appointment we ask that only 1 member of the household brings the child/young person to limit overcrowding in the waiting area. Only the child/young person can enter the QbTest room. We will not be able to provide any refreshments to yourself or your child. If requested we can provide masks and gloves to family members. After every appointment the QbTest room is sterilised.

Step 6: Results and Diagnosis

You will receive your child's results 2 weeks after the appointment and the results will be sent to any other agency, health provider, or school of your choice. If the pre-screen is supportive and you would like to have the diagnosis formalised we will be able to discuss your options.



QbTest Only

What if I just want the QbTest, or if my Doctor has completed the other aspects of the screen and has only requested the QbTest?

It is quite common for clinicians, both NHS or private, to refer their patients to our service to access just the QbTest, or for families to only want to access this part. If you only want to access the QbTest due to any of the above reasons please mark this option on the referral form.

Accessing the QbTest alone is much faster than the full assessments we offer and we are able to send the results to your child's clinician within days of the appointment.

How much does it cost?

Total price: £200

This must be paid before any appointments can be booked.

Your child will only have the QbTest, no rating scales or clinical interview will be completed.

How do I access this?


Complete and return the referral form and tick the QbTest only option.

Once the referral form has been returned our trained staff will triage the referral form to ensure that we can accept your child as a client. We will contact you as soon as a decision is made. This can take up to 7-10 business days depending on the information provided and if anything is missing.

Once the referral form has been accepted we will send the Invoice. Please note that appointments cannot be booked until the payment is made.

Once payment is received we can book your child's QbTest appointment as soon as possible.

You will then receive your child's results 3 weeks after the appointment and the results will be sent to any other agency, health provider, or school of your choice. If you have been referred by a clinician, we will send the results to the referring clinician.



Testimonials



100% reported that the referral process was easy



100% would definitely recommend the service



95.25% felt listened to



90.48% felt very satisfied with the service

Child Screening:

"I thought the service was wonderful and very cost effective, as I had paid thousands of pounds in psychiatry fees to get my other child assessed for ADHD. Thank you."

"All very professional, Rachel explained everything in a non threatening way as it was a little scary for my child, but Rachel gave my child a lot of confidence and we were very happy with the test."

"The whole experience was very positive. Talking about famous people with Autism/ADHD made it more real life and easier to accept. The manner that my daughter was handled in was fantastic. Feedback was clear and concise. Thank you!"



Adult screening:

"Rachel put me at my ease and was absolutely lovely. Thank you ADHD Foundation"

"Very professional service "

"Every member of the team I spoke to or dealt with me on some level, whether just conversation or something more clinical like therapy/assessments were all wonderful. I instantly felt listened to and welcomed due to my experience there and what I have learned about myself it has had a profoundly positive effect on my life. Amazing service throughout faultless"

"Friendly, professional, thorough and honest. I felt able to discuss personal difficulties without stigma or judgement. Feel totally relieved and access to the right therapeutic support and medication since my diagnosis can only be described as 'Life Changing'"

Important Policies



You will be required to tick a box on the referral form to show that you have read and accept these policies. If you do not tick this box and agree to the information below we will not be able to proceed with your appointment.

1. Payment must be made before ANY appointments can be booked, including rebooked appointments.
2. The £250 is non-refundable (including if you do not attend or cancel)

What if I need to re-book the QbTest or Interview appointment?

If you contact us to re-book the appointment **more than 5 working days before** the appointment is due, there is no additional charge.

If you contact us to re-book the appointment less than 5 working days before the appointment is due then there is an £100 re-booking fee.

If you do not attend your appointment and then call to re-book, there is an £100 fee for the new appointment.

The new appointment will not be booked until the payment is made.

What if I am late to the appointment?

If the you are less than 15 minutes late to the appointment we will be able to proceed with the appointment as we will still have sufficient time.

If you are more than 15 minutes late we will not have time to complete the appointment and the appointment would need to be re-booked. This will be subject to the £100 re-booking fee which much be paid before we can re-book.

In special circumstances the re-booking fee can be waived, however this needs to be approved by the business director. It can take between 3-5 business days to make a decision.

What if I do not attend the interview or QbTest appointment?

If you wish to re-book the appointment you would be subject to the £100 re-booking fee. The new appointment will not be booked until the payment is made.

What if I require an interpreter?

Unfortunately, we are unable to provide interpreters for the appointment. Should one be required then you would need to source this yourself.

Coronavirus?

If you are unable to attend the appointment due to the Coronavirus, then you will be able to re-book your appointment without incurring any charges. Please be advised that we will not be able to re-fund the appointment, we will only be able to re-arrange it for a new date that suits you. In some cases, we will need to see a copy of the results.

If the Psychologist is concerned that you are showing symptoms of Coronavirus you will be asked to vacate the premises immediately and the appointment will be re-booked. You will not be subject to any re-booking fees. However, the ADHD Foundation will not reimburse any travel fees incurred.

What if the QbTest is not possible?

In rare cases some children are not able to complete the QbTest. This can be due to the impact that other conditions are having on them, such as severe anxiety or Autism. It can also be due to the child refusing to comply or do the test. In these cases, this information can be really helpful, as it can help us understand the difficulties they may be experiencing.

The Psychologist will make a decision at the appointment as to whether the test can go ahead. In these cases, the assessment is still non-refundable as a report will be generated. If the school or family wish to re-do the QbTest this would be subject to the £100 re-booking charge.

It is also the parent/carer's responsibility to ensure nothing will impact the validity of the QbTest, such as alcohol consumption, illicit substances, exhaustion, stimulants such as caffeine, hunger, or injury. If the child requires glasses they must ensure these are brought to the appointment.

The QbTest is a cognitive test. At the appointment the Psychologist will assess if anything may impact the validity of the results, such as being hungover. If the test was not possible and the school or family wish to re-book it would be subject to the £100 re-booking fee.



in association with



Liverpool
City Council



NOVUS
FOUNDATIONS FOR CHANGE



nasen
Helping Everyone Achieve



EQUAZEN®
Pioneer in Research. Expert in Health.



ADHD
Foundation
The Neurodiversity
Charity