## Neurodiversity Parent 101: DO-IT> Why are things left to the last minute?

- Some children find concepts of time estimation harder. This has been called 'time blindness'.
- When you say to your child be ready in 5 minutes your child may not know what that 'feels' like and so still be focusing on what they are interested in and not be aware that time passing by.
- Your child







## What can you do?

- A place to work the same place to do homework each time means your child will get used to it.
- ✓ Same time routines help your child to be prepared for homework.
- Everything in its place have a pencil case with kit all in it so you don't end up hunting for rulers and compasses and your child has gone!





