

The ADHD Foundation is the largest provider of training in ADHD and neurodevelopmental conditions for professionals in the UK. All of our courses are interactive, full of practical strategies and informed by up to date research.

We are able to offer a wide range of expert led courses across a wide range of subject areas. These courses can be tailored to your needs, which offers the opportunity to focus on a specific area/need or a selection of topics.

## Courses can be delivered on the following subject areas:

### Understanding and Supporting learners with the following:

- ADHD
- ASC, including Asperger's/ PDA
- Dysgraphia
- Dyscalculia
- Dyspraxia
- Dyslexia
- Tourette's Syndrome
- OCD
- Attachment and Trauma
- Sensory Processing Disorder
- Anxiety
- Introduction to Neurodiversity
- Reading, Writing and ADHD
- Neurodevelopmental Conditions in Early Years
- Supporting children to understand, recognise and regulate their emotions (Early Years- KS2)
- Understanding the Stress response and promoting regulated behaviour
- Leading a neurodiverse classroom
- Supporting memory in the classroom
- Supporting executive functioning in the classroom
- The effective use of sensory circuits
- Supporting children and young people with a dual diagnosis of ADHD and ASC
- Girls, young women and ADHD

### Supporting Parents and Carers:

- Parent / Carer Skills Building Programmes in ADHD, ASC and Parenting

### Supporting Mental Health:

- Staff Wellbeing
- Adult Mental Health First Aid
- Youth Mental Health First Aid
- Self Harm
- Suicide Awareness
- Mental health and neurodiversity, including Rejection Sensitive Dysphoria

### Supporting Youth Workers, Social Workers, Employers and Foster Carers:

- Understanding and Supporting ADHD

### Supporting the workplace

- Introduction to Neurodiversity for Business
- Supporting ADHD in the workplace
- Neurodiversity in the workplace, considerations for line managers

### Supporting Health Care Professionals

- Introduction to Neurodiversity for Health Care Practitioners
- Medication, prescribing and titration for ADHD Pharmacology
- Introduction to diagnosis and treatment of ADHD in Primary Care

All courses can be delivered face to face as full, half day, twilight sessions or as live streamed or recorded sessions.

Training prices range depending upon your requirements.

Contact us for a quote.

For further details or to book a course, contact Colin Foley or visit the website:



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www.adhd.foundation.org.uk

"Many of our pupils with ADHD have used the strategies we have learnt and are often seen implementing these which has led to improved concentration in lessons."

**Headteacher**

"We had a 'breakthrough' moment with one of our most challenging children yesterday due to a teacher following some of the strategies from the course, thank you again."

**SENDCO**

"We have already talked about the things that we will do differently and I know there are already conversations in the boarding school houses about changes that can be made."

**Deputy Headteacher**

"Very professional. I can tell my family that there is light at the end of the tunnel now."

**Parent**

"Certainly one of the most useful sessions that I have attended, during my 22 years as a teacher, in terms of informing my practice."

**Teacher**

"A parent phoned me last week to express her thanks. She feels that the staff have a new understanding of her son's needs after your training."

**Teacher**

"I have come away from this course with a much better understanding of my child and his behaviour and how he sees the world."

**Parent**

"We have had a break-through already today using movement strategies to help one year 4 boy get successfully back to his learning. Thanks for the course yesterday."

**SENDCO**



**@ADHDFoundation**



**ADHD Foundation**

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