



East Berkshire Neurodiversity Network

June Bulletin



Next Network meeting - Monday 26th June

12:30pm - 2:00pm

Our colleagues from NHS Frimley will be coming and doing an update on all things 'NHS'

This includes:

NHS national updates

The Health and Care Act 2022 has made major changes to the NHS in England, including making Integrated Care Systems a formal, statutory body with power over NHS commissioning and spending at a local level. The session will help to explain all of this, so you can better understand the national landscape and how the NHS is organised and what this means for us all locally.

NHS Frimley updates

Our colleagues will also share some key updates about how locally they are delivering the ambition set out in the NHS Long Term plan linked to Neurodiversity. This includes updates about new training (Oliver McGowen), an update on the Gem Services and information about the new key worker autism pilot delivered by Barnardo's due to start this month.

Come and join the conversation!

Useful resources:

1. Association of Child and Adolescent Mental Health Services (ACAMHS)

Podcast - Depression in Autism and ADHD: What do we know? - In this 'In Conversation' podcast, **Dr. Lucy Livingston** provides insight into the co-occurrence of Depression in Attention Deficit / Hyperactivity Disorder (ADHD) and Autism.

Dr. Lucy A. Livingston is currently a Lecturer in Psychology, based in the Department of Psychology at the Institute of Psychiatry, Psychology and Neuroscience (IoPPN), Kings College London

[Click here to listen](#)

2. Edinburgh Psychoeducation Intervention for Children and Young People (EPIC) – FREE resources

EPIC is a research programme that takes an individualised 'tool-kit' approach to child development. It aims to facilitate optimal learning, behaviour, and wellbeing in children and young people. It's led by the University of Edinburgh.

The strategies in these booklets **apply to all children** but are **particularly relevant to children with ADHD, ASD, DCD/dyspraxia**.

You have to register to get access but its free to register [Click here](#)

3. Other useful resources

Building on our theme of small changes, big difference we are sharing some useful resources for us all to use in our working environment.

Making information more ND friendly

- <https://www.wypartnership.co.uk/application/files/3716/4735/6437/making-information-accessible-for-neurodivergent-people-final-v2-20.04.21.pdf>

ND friendly presentations - <https://www.gov.wales/how-create-accessible-powerpoint-presentations>

Help us to help the network!

We are always grateful when our network members share any recommended resources with us. If you would like to share any information or have a resource that you think would be helpful to others, please email the team at eb-ndnetwork@adhd.foundation.org.uk



ADHD Foundation National Conference 16th June 2023

Come and join us in Liverpool to talk all things Neurodiversity. This conference for professionals is bringing together leaders in Neurodiversity from across sectors including Business, Education, Health, Justice and the Creative Arts. An opportunity to hear what is happening within these sectors to support and embrace Neurodiversity.

To book a place or to find out more follow the link below:

<https://www.adhdfoundation.org.uk/events-and-webinars/neurodiversity-a-new-paradigm-2023/>



Thames Valley Umbrella Project

We have also just launched Thames Valley Neurodiversity Umbrella Project which is being delivered in partnership with Brighter Futures Together CIC. This initiative is designed to bring together schools/colleges and employers from across the area to champion neurodiversity. Supported by [Response](#) as a business champion, the project will offer local businesses the chance to get involved and sponsor education settings to host their own mini-Neurodiversity Umbrella Project installations.

The Thames Valley Neurodiversity Umbrella Project will give local businesses a unique opportunity to connect with education settings from across the area and sponsor them to host their own mini-Umbrella Project installation. For education settings, the project gives all pupils, families, and staff a chance to learn more about neurodiversity. In addition to media coverage and networking. Participating businesses will also receive access to free training about neurodiversity in the workplace and a webinar for employees who are parents/carers of a neurodivergent child.

If you have good links with local businesses via personal or professional connections, please share this information. For more information [click here](#)

There are two information sessions for businesses:

Thursday 15 June, 07.45–08.30: Online information session to register [click here](#)

Thursday 22 June, 12.30–13.30: Online information session to register [click here](#)

Register for the network!

Please forward these bulletins to friends and colleagues. For anybody wanting to register to become a member of the network please use the QR code or follow the link below:



<https://forms.office.com/e/7awn9rMvtZ>