



# **The ADHD Foundation Neurodiversity Charity - Our Case for Support**

# Supporting and Celebrating Neurodiversity

1 in 5 people in the UK are Neurodiverse.

People who “think differently” including those who are Autistic, ADHD, have Dyslexia, Dyspraxia and Tourette’s Syndrome, are currently not receiving the support that they need and deserve.

At The ADHD Foundation Neurodiversity Charity, we help enable children and adults to thrive and achieve in education, the workplace, enjoy good mental health and become active citizens in their communities.



# Neurodiversity affects us all

In every community, you will find people who “Think Differently.” Children in our education settings, family systems, friendship groups and community activities are presenting with neurodiversity, requiring support to thrive and enhance their unique skills and abilities.

The life chances and opportunities for those impacted by Dyslexia, ADHD, Dyspraxia, Dyscalculia, Tourette’s Syndrome and those who are Autistic can vary widely.





# 1 in 5 people are Neurodiverse



14 million of us are neurodiverse.

As a charity, we have spent almost two decades helping individuals, families, health & education professionals and businesses to support people who are neurodiverse. With every year, the need for support becomes greater.

The ADHD Foundation Neurodiversity Charity is asking you to help us to help people to shine and have their talents and abilities recognised, nurtured and celebrated so that we can make a positive change.

Those 14 million people continue to be disadvantaged and have unequal access to education, health services and employment opportunities.

**It doesn't need to be like this.**

Neurodiverse people are  
**3 - 8 times** more likely  
to be unemployed than  
people with or without  
disabilities.

**7 out of every 10**  
children excluded from our  
schools are Neurodiverse.

**81%** of Neurodiverse  
people said they feel  
there should be more  
opportunities for them  
to be better supported  
in the workplace

Some people identify as 'neurodiverse' and some as 'neurodivergent', the terms and language people use are evolving to become more inclusive.

# With the right support, those who are Autistic, ADHD, have Dyslexia, Dyspraxia, Dyscalculia and Tourette's Syndrome can shine!



The **creative industries** are awash with **Neurodiverse talent**

Over **35%** of **business leaders and senior executives** have either Dyslexia or ADHD or both

Those adults who are Autistic can be found in our research laboratories, university lecture theatres and technology companies.

Why do so many talented young people with these different minds, underachieve in education?  
Why do some thrive and succeed, and others don't?

# How can understanding and supporting neurodiversity help your school, college or university?



- ✓ It can help make your education setting truly inclusive.
- ✓ It can ensure that all learners reach their academic potential.
- ✓ It can help to reduce exclusions and improve attainment.
- ✓ It can create a culture that celebrates difference.

Neuro-inclusive education settings support the mental health and wellbeing of children and young people. Enabling them to get the best out of their education, creating opportunities and potential for their future.



For more information on why understanding and supporting neurodiversity is good for your education setting and how the ADHD Foundation Neurodiversity charity can help you, click here.

[Find out more](#)

**Working together we  
can help drive positive  
change and impact.**

The scale of the challenge is  
significant but achievable.

With your **help and support**  
we can ensure that no  
individual or family lacks  
support, knowledge or the  
**opportunity to thrive.**







# How your support can drive positive change and impact

The ADHD Foundation Neurodiversity Charity currently offers support to young people, their families and those who work with them. How your donations help:

**£10**

helps us support parents & carers. Without this support they are often left isolated, alone and without the help and information they need.

**£50**

helps to pay for a therapy or coaching session for a child or teenager. Helping them to feel better about themselves and achieve their potential.

**£100**

helps us create and provide educational resources for teachers, schools, colleges and universities supporting them to better support neurodiverse young people.

**£750**

provides ten skills building sessions for parents and carers. These sessions help families to better understand and support their Neurodiverse child.

**£1500**

helps to pay for two neurodiverse young people to be active members of our National Neurodiversity Youth Council for 1 year. This will allow them to create resources to benefit other neurodiverse young people and training to ensure they have the skills needed to help make real change for the young ND community.



# Why consider us when deciding on who you will fundraise for?



- ✓ It can help positively engage your staff, students, parents and the local community.
- ✓ Staff, parents, students and communities value schools, colleges and universities that make positive social impact.
- ✓ Fundraising, can bring staff, students and parents together by uniting them behind a single and important cause.
- ✓ Fundraising can easily be linked to the curriculum providing opportunities for learning, team building, skill development and community engagement.



# Ways that you can support us and make real impact and positive change



**A one-off donation to help make an immediate impact**

**Walk, run, cycle, skydive or bungee.** Secure your own space or contact us to find out what we have to offer, including a London to Liverpool sponsored walk.

**Raffle's, Secret Santa's, Sweepstakes, Collections and Cake Sales.** Easy and fun ways to engage the whole community and make a difference.

**Neuro-converse** - Combine fundraising with educational and bonding sessions. Organise a lunch & learn or coffee break where people discuss their "different minds". This helps drive a better understanding of individuals and strengthens teams.

**Umbrella Project** - The umbrella project is an annual event that provides a visually impressive way to engage your staff and communities in talking about neurodiversity.





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“The Practitioner was very approachable from the minute she supported us in the setting. I found it useful that she sat down and explained everything thoroughly, including what I need to do next in order to support the child further. She was able to break down the activities in small steps so I could understand the benefit of doing them, and supported conversations between the setting and parents.”

School

“

“I absolutely loved it. It was the first course I have done as a qualified teacher and I learnt so much. Thank you for such a wonderful and informative day!”

Teacher

“

I wanted to say firstly how useful this course has been for me & it has greatly improved my understanding of my son's reactions and behaviours.

Parent

“

“The ADHD Awareness training has really opened our eyes as a business and will help us to support the teams within our business more effectively and compassionately. The training was interactive and informative and gave all of us the opportunity to open up about our own experiences!”

Business

“

“Excellent quality workshop that was practical, informative, inclusive and enjoyable. Every organisation should have this training!”

Business

“

“Thank you so much, we have thoroughly enjoyed learning about ADHD, it's all such a minefield and I am so grateful for the opportunity to attend these sessions. My child has been looking through the booklets also and feels more comfortable with everything.”

Parent





Today, thousands of students, their families and teachers are reaching out for help. You can help us to help them whilst making positive change within your education setting today.

Please contact us to learn more.

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