



Young People Living Successfully & Achieving with ADHD / Neurodiversity in Gloucestershire

**Official
Launch**

**Wed 10
April**

**9:30am-
3:00pm**

**Playhouse Theatre
Cheltenham
GL53 7HG**

Contact us :

 ADHDFoundation

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The ADHD Foundation Neurodiversity Charity are offering participating organisations:

- Free face to face skills building for young people;
- Paid CPD opportunities for active youth workers;
- Fully funded Umbrella Installation to highlight your organisation's awareness & understanding of Neurodiversity;
- And so much more...
- Scan to register your attendance:





**This Programme
Aims to Support
Young People in
Gloucestershire
by:**



- Improving the understanding of ADHD & Neurodiversity and how it impacts on them, their friends, siblings and families;
- Enhancing attendance and attainment in education;
- Improving mental health and wellbeing for Neurodivergent young people;
- Increasing levels of skills and knowledge to support young people's participation in activities provided by agencies;
- Supporting young people living with neurodiversity to transition within education or to employment whilst achieving active citizenship within their communities.



What's on Offer?

Train the Trainer

Throughout the next 3 years, Gloucestershire third sector / charities and local voluntary groups will be able to enroll their youth workers and young members on this 2-day skills building programme. We will be delivering and invite you to co deliver this skills programme for young people by employing a 'Train the Trainer' model.

The aim is to enable you to develop and build knowledge, skills and sustainable capacity to offer an inclusive service to your organisations.

The 2 days will consist of 6-8 young people aged between 11 – 24 with youth workers observing the sessions. These sessions will be delivered within the participating organisations settings.

What's on Offer?

Coaching Diploma

The ADHD Foundation: The Neurodiversity Charity, in partnership with the Universal Coaching Alliance (UK), passionately presents this transformative two-year course leading to a Professional ADHD Coaching Diploma. Rooted in a deep understanding and respect for the lived experience of ADHD, this course is more than just a qualification; it's a mission to elevate the standard of ADHD coaching in the UK.

Fully Funded

As part of this programme, eight fully funded places on this course were offered to youth workers from Gloucestershire. These have already been successfully enrolled on the coaching diploma, coordinated by the ADHD Foundation.

What's on Offer?

Webinars

The ADHD Foundation Neurodiversity Charity is delighted to host webinars available over the 3 years for youth workers and young people. The webinars will cover a wide selection of themes and topics, including understanding ADHD, autism, and dyslexia and strategies for supporting young people with anxiety and executive functioning difficulties, and create inclusive environments that celebrate neurodiversity.

Umbrella Project

The Neurodiversity Umbrella Project is an uplifting visual representation of all the different minds we have here in the UK. Every Umbrella Project installation helps to raise awareness and understanding of neurodiversity. Each display is designed to represent the one in five of us who have a neurodevelopmental condition, such as ADHD, Autism, Dyslexia, Dyspraxia, Dyscalculia or Tourette's syndrome. These conditions fall under the umbrella term of neurodiversity.

Agenda

9:30-10:00	Meet and Greet	Tea and coffee
10:00 – 10:20	Welcome	Dr Tony Lloyd
10:20-10:40	Project Motivation	Jane Roberts
10:40-11:00	Train the Trainer	Stephen Ortega and Sophie Scanlan
11:00-11:20	Webinars	Arron Hutchinson
11:20-11:40	Umbrella Project	
11:40-12:00	BREAK	20 minutes
12:00-12:20	Keynote Speaker	ADHD Hub Zaphira Cormack
12:20-12:40	Keynote Speaker	Active Impact Nicole Hastie
12:40-13:00	Keynote Speaker	The Door Shona Ross
13:00-13:30	Lunch	30 minutes
13:30-13:50	Keynote Speaker	Music Works Lee Holder
13:50 – 14:10	BREAK	20 minutes
14:10-14:30	Keynote Speaker	NNDYC
14:30-15:00	Patron	TBC