



**Official
Launch**

**Wed 10
April**

**9:30am-
3:00pm**

Gloucestershire Youth Neurodiversity Project

**Playhouse Theatre
Cheltenham
GL53 7HG**

3 Year Programme

Contact us :

 **ADHDFoundation**

 **adhdfoundation.org.uk**

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The ADHD Foundation Neurodiversity Charity are offering participating organisations:

- Free face to face skills building for young people;
- Paid CPD opportunities for active youth workers;
- Fully funded Umbrella Installation to highlight your organisation's awareness & understanding of Neurodiversity;
- And so much more...

**Scan to register your
attendance**





This Programme Aims to Support Young People in Gloucestershire by:



- Improving the understanding of ADHD & Neurodiversity and how it impacts on them, their friends, siblings and families;
- Enhancing attendance and attainment in education;
- Improving mental health and wellbeing for Neurodivergent young people;
- Increasing levels of skills and knowledge to support young people's participation in activities provided by agencies;
- Supporting young people living with neurodiversity to transition within education or to employment whilst achieving active citizenship within their communities.



What's on Offer?

Young People Living Successfully and Achieving with ADHD / Neurodiversity

Throughout the next 3 years, Gloucestershire third sector / charities and local voluntary groups will be able to enroll their youth workers and young members on this 2-day skills building programme. We will be delivering and invite you to co deliver this skills programme for young people by employing a 'Train the Trainer' model.

The aim is to enable you to develop and build knowledge, skills and sustainable capacity to offer an inclusive service to your organisations.

The 2 days will consist of 6-8 young people aged between 11 – 24 with youth workers observing the sessions. These sessions will be delivered within the participating organisations settings.

What's on Offer?

Coaching Diploma

The ADHD Foundation: The Neurodiversity Charity, in partnership with the Universal Coaching Alliance (UK), passionately presents this transformative two-year course leading to a Professional ADHD Coaching Diploma. Rooted in a deep understanding and respect for the lived experience of ADHD, this course is more than just a qualification; it's a mission to elevate the standard of ADHD coaching in the UK.

As part of this programme, eight fully funded places on this course were offered to youth workers from Gloucestershire.

These have already been successfully enrolled on the coaching diploma, coordinated by the ADHD Foundation.

What's on Offer?

Webinars

The ADHD Foundation Neurodiversity Charity is delighted to host webinars available over the 3 years for youth workers and young people. The webinars will cover a wide selection of themes and topics, including understanding ADHD, autism, and dyslexia and strategies for supporting young people with anxiety and executive functioning difficulties, and create inclusive environments that celebrate neurodiversity.

Umbrella Project

The Neurodiversity Umbrella Project is an uplifting visual representation of all the different minds we have here in the UK. Every Umbrella Project installation helps to raise awareness and understanding of neurodiversity. Each display is designed to represent the one in five of us who have a neurodevelopmental condition, such as ADHD, Autism, Dyslexia, Dyspraxia, Dyscalculia or Tourette's syndrome. These conditions fall under the umbrella term of neurodiversity.

What's on Offer?

Annual Awards

We will be hosting an annual celebration awards events where young people in Gloucestershire nominate agencies, teachers, teaching assistant, social workers, medical professionals and more as

'Ben's Neurodiversity Champions'.

We will also be asking participating organisations to nominate young people for the 'Ben's Young People's Achievement Awards'. These are for overcoming adversity, positive advocacy work in the community and promoting and celebrating neurodiversity within the Gloucestershire County.

This is to showcase best practices and promote a neuro-inclusive culture across Gloucestershire.

What's on Offer?

Neurodiversity Youth Council

Throughout our time delivering this project, we aim to create a Gloucestershire Neurodiversity Youth Council forum, who will work in collaboration with organisations across the county.

This will be a safe space to amplify youth voices and build a community that will co-produce matters important to them around neurodiversity.



Agenda

9:30-10:00	Meet and Greet	Tea and coffee
10:00 – 10:20	Welcome	Dr Tony Lloyd
10:20-10:40	Project Motivation	Jane Roberts
10:40-11:00	Train the Trainer	Stephen Ortega and Sophie Scanlan
11:00-11:20	Webinars	Arron Hutchinson
11:20-11:40	Umbrella Project	Tony Lloyd
11:40-12:00	BREAK	20 minutes
12:00-12:20	Keynote Speaker	ADHD Hub Zaphira Cormack
12:20-12:40	Keynote Speaker	Active Impact Nicole Hastie & Mar Plowman
12:40-13:00	Keynote Speaker	The Door Shona Ross
13:00-13:30	Lunch	30 minutes
13:30-13:50	Keynote Speaker	Music Works Lee Holder
13:50 – 14:10	Keynote speaker	WAM Youth Ali Kirkwood
14:10-14:30	Keynote Speaker	National Neurodiversity Youth Council
14:30-15:00	Guest speaker	Aidy Smith

Guest Speaker - Aidy Smith, Award Winning TV Presenter and Journalist

We're delighted to announce our guest speaker, Aidy Smith.

Aidy is an award-winning broadcaster, journalist, content creator and speaker. His core pillars include drink, food, travel, lifestyle, LGBTQIA+ and neurodiversity topics.

As the only TV presenter in the UK and one of five in the USA with Tourette Syndrome, Aidy is heavily involved in the neurodiversity awareness space. He is a patron for the UK's largest neurodiversity charity, the ADHD & Neurodiversity Charity, alongside being the Global Ambassador for the world's largest Tourette Charity, The Tourette Association of America.

