



Gloucestershire Youth Neurodiversity Project

Webinars

3 Year Programme
2024 - 2027

Contact us :



ADHDFoundation



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This Programme Aims to Support Young People in Gloucestershire by:



- Improving the understanding of ADHD & Neurodiversity and how it impacts on them, their friends, siblings and families;
- Enhancing attendance and attainment in education;
- Improving mental health and wellbeing for Neurodivergent young people;
- Increasing levels of skills and knowledge to support young people's participation in activities provided by agencies;
- Supporting young people living with neurodiversity to transition within education or to employment whilst achieving active citizenship within their communities.





Webinars with Arron Hutchinson,
National Training Director for
Schools, ADHD Foundation

Understanding ADHD

- Introduction to Neurodiversity and its importance for young people.
- Exploring ADHD: Definition, characteristics, and common misconceptions.
- Impact of ADHD on young individuals: academic, social, and emotional aspects.
- Strategies for supporting young people with ADHD in various settings.



Thursday 11th July 2024 - 13:30-15:00

Thursday 5th Dec 2024 - 17:00-18:30

Demystifying Dyslexia

- Defining Dyslexia and its prevalence among young people.
- Recognising signs and symptoms of Dyslexia.
- Addressing challenges faced by Dyslexic individuals in education and beyond.
- Practical tips and accommodations for supporting Dyslexic young people.



Thursday 15th Aug 2024 - 13:30-15:00

Thursday 9th Jan 2025 - 17:00-18:30

Select each date to be redirected to Registration page

Understanding Dyspraxia

- Introduction to Dyspraxia: Definition, symptoms, and diagnosis.
- Exploring the impact of Dyspraxia on motor skills, coordination, and daily functioning.
- Challenges and strengths associated with Dyspraxic individuals.
- Strategies for creating inclusive environments for Dyspraxic young people.



Tuesday 1st October 2024 - 13:30-15:00

Thursday 6th Feb 2025 -17:00-18:30

Executive Functioning Skills and Neurodiverse Youth

- What are Executive Functioning Skills & why are they crucial for neurodiverse young people?
- Understanding the link between Executive Functioning & neurodiverse conditions.
- Practical strategies for enhancing Executive Functioning skills in neurodiverse youth.
- Supporting the development of self-regulation, planning, and organisation.



Thursday 17th Oct 2024 - 13:30-15:00

Thursday 13th March 2025 -17:00-18:30

Exploring Dyscalculia

- Defining Dyscalculia and its impact on mathematical abilities.
- Recognising signs and challenges faced by individuals with Dyscalculia.
- Addressing the stigma surrounding Dyscalculia and promoting positive learning experiences.
- Strategies for supporting young people with Dyscalculia in mathematical education.



Thursday 7th Nov 2024 - 13:30-15:00

Thursday 3rd April 2025 -17:00-18:30



Mental Health and Neurodiversity with Maria Stebbing, Specialist Counsellor, ADHD Foundation

- Understanding the intersection of mental health and neurodiversity in young people.
- Exploring common mental health challenges such as anxiety, depression, self-harm, and eating disorders.
- Strategies for promoting mental well-being and resilience among neurodiverse youth.



Monday 18th Nov 2024 - 10:00-11:30

Monday 10th Feb 2025 - 15:30-17:00

Select each date to be redirected to Registration page



Specialist Presentation: Tics and Tourette's with Lisa Rudge, Director of Parent Services, ADHD Foundation

- Understanding Tics and Tourette's Syndrome: Definition, symptoms, and prevalence.
- Dispelling myths and misconceptions surrounding Tics and Tourette's.
- Supporting individuals with Tics and Tourette's in educational and social settings.



Wednesday 11th Sept 2024
Time 17:00-18:00



Specialist Presentation - Coaching Neurodiverse Young People, with Stephanie Batey, Coaching Director, ADHD Foundation

- Introduction to coaching as a supportive tool for neurodiverse young people.
- Exploring effective coaching strategies and techniques.
- Case studies and practical examples of coaching interventions for neurodiverse youth.
- Benefits of coaching in enhancing self-awareness, confidence, and goal-setting skills.



Wednesday 13th Nov 2024 - 10:00-11:00

Select each date to be redirected to Registration page



Young People Webinar – Living successfully and Achieving with Neurodiversity with Stephen Ortega and Sophie Scanlan

- What do I need to know about neurodiversity support self, my friends or people around me?
- How can I thrive in my glorious Gloucestershire County?

Age 11-15

Wednesday 24th July 2024 - 14:00-15:00

Age 16-24

Wednesday 24th July 2024 - 15:30-16:30

Age 11-15

Thursday 14th Nov 2024 - 17:00-18:00

Age 16-24

Thursday 14th Nov 2024 - 18:30-19:30